



# ADULT FP TIMETABLE from SEPTEMBER 2026

Email: [admin@dancestation.org.uk](mailto:admin@dancestation.org.uk) to book

Website: [www.344danceschool.com](http://www.344danceschool.com)

| MONDAY AT DANCE STATION    |            |                                                        |                            |                 |        |
|----------------------------|------------|--------------------------------------------------------|----------------------------|-----------------|--------|
| S1                         | 6.45 p.m.  | <b>TAP</b> Level 2                                     | 45 mins                    | Elysia Dykes    | £7.00  |
| S2                         | 6.45 p.m.  | <b>DDMIX</b> Dance Class                               | 45 mins                    | Polly Suttle    | £7.00  |
| S3                         | 7.30 p.m.  | <b>JAZZ</b> Beginners/General                          | 60 mins                    | Polly Suttle    | £9.00  |
| S1                         | 7.45 p.m.  | <b>TAP</b> Level Gold                                  | 45 mins                    | Alex Boyd       | £7.00  |
| S3                         | 8.30 p.m.  | <b>BALLET</b> Improvers                                | 60 mins                    | Polly Suttle    | £9.00  |
| S1                         | 8.30 p.m.  | <b>TAP</b> Level 6                                     | 45 mins                    | Alex Boyd       | £7.00  |
| TUESDAY AT DANCE STATION   |            |                                                        |                            |                 |        |
| S3                         | 10.30 a.m  | <b>SILVER SWANS BALLET</b><br>*** NEW ***              | 60 mins                    | Polly Suttle    | £9.00  |
| S3                         | 6.30 p.m.  | <b>CONTEMPORARY</b><br>Teen/Adult Beginners/General    | 60 mins                    | Tam Walton      | £9.00  |
| S1                         | 6.45 p.m.  | <b>TAP</b> Beginners *** NEW ***                       | 45 mins                    | Elysia Dykes    | £7.00  |
| S3                         | 7.30 p.m.  | <b>TAP</b> Intermediate                                | 60 mins                    | Kathy Plaster   | £8.00  |
| S2                         | 7.30 p.m.  | <b>BALLET</b> Open Int/Adv & Pte                       | 90 mins                    | Tam Walton      | £15.00 |
| S3                         | 8.30 p.m.  | <b>TAP</b> Level 4/5                                   | 60 mins                    | Kathy Plaster   | £8.00  |
| WEDNESDAY AT DANCE STATION |            |                                                        |                            |                 |        |
| S3                         | 11.00 a.m. | <b>LINE DANCING</b> General                            | 60 mins                    | Kathy Plaster   | £5.00  |
| S3                         | 12.00 p.m. | <b>BALLET</b> OPEN Beginners                           | 60 mins                    | Amanda Frescura | £11.00 |
| S3                         | 1.15 p.m.  | <b>BALLET</b> OPEN Intermediate                        | 75 mins                    | Amanda Frescura | £14.00 |
| S2                         | 6.45 p.m.  | <b>TAP</b> Advanced                                    | 45 mins                    | Alex Boyd       | £7.00  |
| S2                         | 7.30 p.m.  | <b>TAP</b> TOUGH                                       | 45 mins                    | Maisie Boyd     | £7.00  |
| S3                         | 8.30 p.m.  | <b>IRISH</b> Advanced Beginners                        | 60 mins                    | Rachael Stuart  | £8.00  |
| S2                         | 8.30 p.m.  | <b>IRISH</b> New Beginners                             | 60 mins                    | George Deadman  | £8.00  |
| THURSDAY AT DANCE STATION  |            |                                                        |                            |                 |        |
| S3                         | 10.30 a.m  | <b>BALLROOM/LATIN</b> Improver                         | 60 mins                    | Norma Daykin    | £8.00  |
| S3                         | 1.30 p.m.  | <b>BALLROOM/LATIN</b> Beginner                         | 60 mins                    | Norma Daykin    | £8.00  |
| S1                         | 6.00 p.m.  | <b>TAP</b> Level 1                                     | 45 mins                    | Kathy Plaster   | £7.00  |
| S1                         | 6.45 p.m.  | <b>TAP</b> Level Gold                                  | 45 mins                    | Kathy Plaster   | £7.00  |
| S1                         | 7.30 p.m.  | <b>TAP</b> Level 4/5                                   | 60 mins                    | Kathy Plaster   | £8.00  |
| S3                         | 7.30 p.m.  | <b>IRISH</b> General                                   | 60 mins                    | Rachael Stuart  | £8.00  |
| S2                         | 7.30 p.m.  | <b>IRISH</b> Advanced Show Class                       | 60 mins                    | George Deadman  | £8.00  |
| FRIDAY AT DANCE STATION    |            |                                                        |                            |                 |        |
| S3                         | 1.15 p.m   | <b>FUN DANCE</b> 50+YRS<br>Beg/Gen (Jazz/Social Dance) | 60 mins                    | Kathy Plaster   | £8.00  |
| SATURDAY AT DANCE STATION  |            |                                                        |                            |                 |        |
| S3                         | 8.30 a.m.  | <b>BALLET</b> OPEN Int/Adv                             | 75 mins                    | Tam Walton      | £13.00 |
| SUNDAY AT DANCE STATION    |            |                                                        |                            |                 |        |
| S2                         | 12 p.m.    | <b>BALLET</b> OPEN Beginners                           | 60 mins                    | Amanda Frescura | £11.00 |
| S3                         | 1.30 p.m.  | <b>BALLET</b> OPEN Inter/Adv                           | 75 mins                    | Amanda Frescura | £14.00 |
| S2                         | 5.00 p.m.  | <b>BALKAN DANCE</b>                                    | Please contact for details |                 |        |

Any adults interested in an Adult Music Theatre Class? Please let us know.